

the
Beambridge Inn
— *at wellington* —

Please speak to a staff member if you have any food allergies / intolerances.
Full allergen information is available for all our dishes. Our prices include VAT at the current rate.
All weights are uncooked and approximate. **v** denotes suitable for vegetarians
GF denotes can be made gluten free on request - please advise on ordering.

The Beambridge Inn | Sampford Arundel | Wellington | Somerset | TA21 0HB
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www.beambridgeinn.com | Facebook: The Beambridge Inn

lunch menu

Available Monday to Saturday 12pm - 2:30pm

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Please see our blackboards for our special dishes of the day.

Light Nibbly Bits...

Marinated Olives £3.25 **v GF** | Garlic Bread £2.95 **v** | Cheesy Garlic Bread £3.45 **v**
Bread Board £4.75 **v** | Pork Crackling £1 **GF** | Pickled Egg £1.10 **v GF**

sandwiches and jackets...

All served in a choice of sliced white or granary bloomer in a white or multi grain baguette or have the filling in a hot jacket potato.
Served with our own 'slaw and dressed mixed salad. **GF** bread available upon request

Sandwiches £5.50 | Jacket Potatoes £6.50

Cheese and Homemade Piccalilli

Pan Seared Cajun Spiced Pulled Pork

Warm Beetroot, Spinach and Goat's Cheese **v**

Toasted Ham with Brie and Cranberry

Boneless Jerk Chicken

Smoked Salmon, Rocket and Yoghurt Dill

Sandwich and Soup Lunch Offer

A bowl of today's fresh soup with your choice of sandwich £7.50

Beambridge Burgers...

Our burgers are made in house and come on a lightly toasted brioche bun, with seasoned fresh potato wedges, coleslaw and your choice of accompanying sauce

100% Beef Burger £9.95

Lamb and Mint £9.95

Cajun Pulled Pork £9.95

Boneless Jerk Chicken £9.95

Spicy Corn and Chickpea Burger £9.50 **v**

Choose your accompanying sauce:

Simply Mayo | BBQ Sauce

Mango Salsa | Ketchup

Cracking Eggs!

Omelette £4.95
a three egg omelette made to order, with your choice of up to three fillings from:
Cheese | Bacon | Tomato | Onion | Peppers
Mushrooms | Spinach

Add - Roast cubed potatoes £1.25

Sweet potato wedges £1.95

Dressed mixed salad £2.50

Eggs Benedict £5.95
two soft poached eggs on buttered white or granary toast with home roasted ham and topped with Hollandaise sauce

Eggs Royale £7.45
two soft poached eggs on buttered white or granary toast with smoked salmon topped with Hollandaise sauce

Eggs Florentine £5.50
two soft poached eggs on buttered white or granary toast with spinach and topped with Hollandaise

Mushroom and Egg Muffin £5.95
baked field mushroom with spinach and a soft poached egg on a toasted English muffin.

Summer Salads...

Spicy Chicken, Avocado and Mango Salad £11
boneless marinated chicken with avocado and mango **GF**

Roasted Sweet Potato and Quinoa Salad £9.95
with feta, avocado, mixed nuts and quinoa **v GF**

Herb Rump Steak Salad £13.75
with dressed rocket leaves, cherry tomatoes, parmesan and garlic ciabatta

Traditional British Carvery...

Served fresh every day
Monday - Saturday:
12pm - 2pm
Sundays: 12pm - 6pm

	Monday to Saturday	Sundays
Mega Plate	£8.50	£10.95
Standard Plate	£6.50	£8.95
Small Plate	£4.95	£6.95

To Start...

Today's Fresh Soup £4.50
with crusty bread and butter **v GF**

Thai Fish Cakes £5.25
panko crumbed lightly spiced white fish cakes with cucumber dipping sauce

Stilton, Poached Pear and Walnut Salad £5.25

pear poached in red wine tossed with blue cheese and toasted walnuts **v**

Baked Ricotta Stuffed Mushroom £4.95
with rocket leaves **v**

Handmade Venison Scotch Egg £5.50
quail's egg, coated and crumbed with venison mince, served with an apple purée

Ham Hock Terrine £4.95
with homemade piccalilli and toasted spelt bread

Classic Mains...

6oz Gammon Steak £6.95
Double Up! 2 6oz Gammon Steaks £9.45
with red onion and pineapple chutney, fresh chips, grilled tomato and peas **GF**

Chicken Arabiatta £13.75
chicken breast with tomato and chilli linguini **GF**

Ricotta and Vegetable Pasta £11
rigatoni pasta with vegetables in garlic and basil sauce, topped with crumbed ricotta cheese **v GF**

Traditional Fish and Chips £6.50 | £9.25
beer battered fish served with fresh chips, your choice of salad or peas and our own tartare sauce

Whole Tail Breaded Scampi £5.50 | £9.95
deep fried scampi with fresh chips, dressed salad and our own tartare sauce

Chef's Pie of the Day £9.95
ask us for today's filling. Served with your choice of potato, seasonal vegetables or peas and gravy